

## Whats Next

Episode Name: GBWN0315R  
 Episode Number: HD-GBWN0315R  
 Rating: TVG

Air Date: 3/30/2024  
 Duration: 0:28:30;11

In Point	Id/ISCI	Pod	Description	Duration
	GBWN0315SLATE		Slate	00:00:10:00
01:00:00;00	GBWN0315SEG01		Segment 1	00:08:39:13
01:08:39;29	Break One		Break One	00:03:02:00
<b>01:08:40;11</b>	<b>GBWATCH6001H</b>		<b>Watch GB Tease 2 - Welcome</b>	<b>00:01:00:00</b>
<b>01:09:40;25</b>	<b>AHWELL3001H</b>		<b>AdventHealth Well 65 Brand 1</b>	<b>00:00:30:00</b>
<b>01:10:11;07</b>	<b>GBFOY3001H</b>		<b>FOY E-newsletter Promo</b>	<b>00:00:30:00</b>
<b>01:10:41;19</b>	<b>LOCAL</b>		<b>LOCAL</b>	<b>00:01:00:00</b>
01:11:42;03	GBWN0315SEG02		Segment 2	00:04:16:21
01:15:59;02	Break Two		Break Two	00:02:02:00
<b>01:15:59;02</b>	<b>LOCAL</b>		<b>LOCAL</b>	<b>00:02:02:00</b>
01:18:01;08	GBWN0315SEG03		Segment 3	00:05:07:19
01:23:09;05	Break Three		Break Three	00:03:02:00
<b>01:23:09;17</b>	<b>AHWELL3001H</b>		<b>AdventHealth Well 65 Brand 1</b>	<b>00:00:30:00</b>
<b>01:23:39;29</b>	<b>GBWATCH6001H</b>		<b>Watch GB Tease 2 - Welcome</b>	<b>00:01:00:00</b>
<b>01:24:40;13</b>	<b>GBPODS3001H</b>		<b>Growing Bolder Podcasts</b>	<b>00:00:30:00</b>
<b>01:25:10;27</b>	<b>LOCAL</b>		<b>LOCAL</b>	<b>00:01:00:00</b>
01:26:11;11	GBWN0315SEG04		Segment 4	00:02:18:26
01:28:30;11	END			