

Whats Next

Episode Name: GBWN0316
 Episode Number: HD-GBWN0316
 Rating: TVG

Air Date: 2/10/2024
 Duration: 0:28:30;14

In Point	Id/ISCI	Pod	Description	Duration
	GBWN0316SLATE		Slate	00:00:10:00
01:00:00;00	GBWN0316SEG01		Segment 1	00:09:02:11
01:09:02;29	Break One		Break One	00:03:02:00
01:09:03;09	AHWELL3001H		AdventHealth Well 65 Brand 1	00:00:30:00
01:09:33;19	GBFOY3001H		FOY E-newsletter Promo	00:00:30:00
01:10:03;29	GBBR001H		Growing Bolder Branding	00:00:30:00
01:10:34;09	GBPODS3001H		Growing Bolder Podcasts	00:00:30:00
01:11:04;21	LOCAL		LOCAL	00:01:00:00
01:12:05;03	GBWN0316SEG02		Segment 2	00:04:03:22
01:16:09;03	Break Two		Break Two	00:02:02:00
01:16:09;03	LOCAL		LOCAL	00:02:02:00
01:18:11;07	GBWN0316SEG03		Segment 3	00:05:33:22
01:23:45;07	Break Three		Break Three	00:03:02:00
01:23:45;17	AHWELL3001H		AdventHealth Well 65 Brand 1	00:00:30:00
01:24:15;29	GBBR001H		Growing Bolder Branding	00:00:30:00
01:24:46;09	GBPODS3001H		Growing Bolder Podcasts	00:00:30:00
01:25:16;21	GBIN3001H		Growing Bolder Insider	00:00:30:00
01:25:47;01	LOCAL		LOCAL	00:01:00:00
01:26:47;13	GBWN0316SEG04		Segment 4	00:01:42:27
01:28:30;14	END			