

Whats Next

Episode Name: GBWN0310R
 Episode Number: HD-GBWN0310R
 Rating: TVG

Air Date: 2/24/2024
 Duration: 0:28:30;14

In Point	Id/ISCI	Pod	Description	Duration
	GBWN0310SLATE		Slate	00:00:10:00
01:00:00;00	GBWN0310SEG01		Segment 1	00:06:46:17
01:06:46;29	Break One		Break One	00:03:02:00
01:06:47;09	AHWELL3001H		AdventHealth Well 65 Brand 1	00:00:30:00
01:07:17;21	GBOTT3001H		Watch GB Tease 1 - Revolution	00:00:30:00
01:07:48;01	GBFOY3001H		FOY E-newsletter Promo	00:00:30:00
01:08:18;13	GBPODS3001H		Growing Bolder Podcasts	00:00:30:00
01:08:48;23	LOCAL		LOCAL	00:01:00:00
01:09:49;05	GBWN0310SEG02		Segment 2	00:04:28:21
01:14:18;04	Break Two		Break Two	00:02:02:00
01:14:18;04	LOCAL		LOCAL	00:02:02:00
01:16:20;08	GBWN0310SEG03		Segment 3	00:05:44:19
01:22:05;07	Break Three		Break Three	00:03:02:00
01:22:05;17	AHWELL3001H		AdventHealth Well 65 Brand 1	00:00:30:00
01:22:35;27	GBOTT3001H		Watch GB Tease 1 - Revolution	00:00:30:00
01:23:06;09	GBIN3001H		GB Insider	00:00:30:00
01:23:36;19	GBPODS3001H		Growing Bolder Podcasts	00:00:30:00
01:24:07;01	LOCAL		LOCAL	00:01:00:00
01:25:07;13	GBWN0310SEG04		Segment 4	00:03:22:25
01:28:30;14	END			