

FORENSIC FACTOR Forensic Factor SECOND RUN

Knock Knock You're Dead Air Date: 1/27/2024 Episode Name: Episode Number: HD-FORFAC31 Duration: 0:58:26;03 TV14 Rating:

FORFAC31SEG01	In Point	Id/ISCI	Pod	Description	Duration
0.109.95.61.3 Commercial Break 1 (N 2:00/ L 1:31) Commercial Break 1 (N 2:00/ L 1:31) Cognostico (N 2:00 / L 1:31)	•	FORFAC31SLATE		Slate	00:00:10:00
01:09:56;13	01:00:00;00	FORFAC31SEG01		Segment 1 (Show Open/Titles/Segment)	00:09:55:25
0:11:11:13 EMMHHHV15H	01:09:56;13	Commercial Break 1 (N 2:00/ L 1:31)		Commercial Break 1 (N 2:00/ L 1:31)	00:03:31:00
Display	01:09:56;13	EMMHHHV115H	1A1	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
01:10:41:13 ZPMK009700H	01:10:11;13	EMMHHHV115H	1A2	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0:10:156:13 EMMHHHV15H	01:10:26;13	EMMHHHV115H	1B1	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0.1111:11:15 EMMHHHV115H 1D1 ICEBREAKER HEALTH / Men's Health: 15 0.000:15:00 0.111:15:15:15 EMMHHHV115H 1D1 ICEBREAKER HEALTH / Men's Health: 15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15:15:16 0.111:15:15 0.000:15:00 0.111:15	01:10:41;13	ZPMK0097000H	1B2	POSHMARK / Time to do some selling-Jan \$	00:00:15:00
10.11.126.115 EMMHHHHV115H 1D1 ICEBREAKER HEALTH / Men's Health: 15 00.001.15:00 10.11.126.115 EMMHHHHV115H 1D2 ICEBREAKER HEALTH / Men's Health: 15 00.001.15:00 10.11.126.117 10.074.1	01:10:56;13	EMMHHHV115H	1C1	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0.11.11.56.15 D.COAL D.C	01:11:11;15	EMMHHHV115H	1C2	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
Dispure Disp	01:11:26;15	EMMHHHV115H	1D1	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0.113.27/19 FORFAC31SEG02 Segment 2 0.004.15.17 0.003.31.00 0.117.43;14 EMMHHV115H 2A1 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.117.53;14 EMMHHV115H 2A2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.118.13;16 EMMHHV115H 2B1 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.118.23;16 EMMHHV115H 2C2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.118.23;16 EMMHHV115H 2C2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.118.23;16 EMMHHV115H 2C2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.119.13;18 EMMHHV115H 2D2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.119.13;18 EMMHHHV115H 2D2 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.119.13;18 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.121.17;20 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.121.17;20 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.121.17;20 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.131.17;21 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.131.17;21 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.131.17;21 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.132.17;22 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 0.132.17;23 ICEBREAKER HEALTH / Men's Health :15 0.000.15:00 ICEBREAKER H	01:11:41;15	EMMHHHV115H	1D2	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0.117.43.14 Commercial Break 2 (N 2:00/L 1:31) 0.003:31:00 0.117:538;14 EMMHHV115H 2A2 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.118:28;16 EMMHHHV115H 2B1 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.18:28;16 2PMK0098000H 2B2 Poshmark - U.5 / Karls regift - Jan24 \$10k 0.000:15:00 0.18:58;16 EMMHHHV115H 2C1 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.18:58;16 EMMHHHV115H 2C1 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.19:13:18 EMMHHHV115H 2D1 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.19:28:18 EMMHHHV115H 2D1 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.19:28:18 EMMHHHV115H 2D2 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.19:19:43:18 EMMHHHV115H 2D2 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.19:19:43:18 EMMHHV115H 2D2 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.12:1:17:20 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.12:1:17:20 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 0.12:1:17:20 ICEBREAKER HEALTH / Men's Health :15 0.000:15:00 ICERPEAKER HEALTH / Men's Health :15 0.000:15:00 ICERPEAKER HEALTH / Men's Health :15 0.000:15:00 ICERPEAKER HEALTH / Men's Health :15 ICEBREAKER HEAL	01:11:56;15	LOCAL		LOCAL	00:01:31:00
0.11-7:43;14	01:13:27;19	FORFAC31SEG02		Segment 2	00:04:15:17
0.11-7:43;14	01:17:43;14	Commercial Break 2 (N 2:00/ L 1:31)		Commercial Break 2 (N 2:00/ L 1:31)	00:03:31:00
Display	01:17:43;14	` '	2A1		00:00:15:00
Display	•	EMMHHHV115H	2A2	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
1.11		EMMHHHV115H		ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
0.118.18.3.16 EMMHHHV115H	•	ZPMK0098000H	2B2	Poshmark - US / Karis regift- Jan24 \$10k	00:00:15:00
01:19:13:18 EMMHHHV115H		EMMHHHV115H	2C1		00:00:15:00
01:19:13:18 EMMHHHV115H	01:18:58:16	EMMHHHV115H	2C2	ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
Display	•	EMMHHHV115H		ICEBREAKER HEALTH / Men's Health :15	00:00:15:00
Dital	,	EMMHHHV115H		ICEBREAKER HEALTH / Men's Health :15	
O1:21:14;20	•	LOCAL		LOCAL	
Oli-21:17;20					
O1:21:27;21					
O1:21:27:21				Get Living #1 Leg & Back Pain Relief Cre	
Oi:31:17;21 Commercial Break 3 (N 2:00/ L 1:31) Oi:33:1:00	•				
01:31:17;21 EMMHHHV115H 3A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:31:32;21 EMMHHHV115H 3A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:02;23 EMMHHHV115H 3B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:02;23 EMMHHHV115H 3B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:23;223 EMMHHHV115H 3C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL LOCAL 00:01:31:00 01:34:34;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00					
01:31:32;21 EMMHHHV115H 3A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:31:47;21 EMMHHHV115H 3B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:02;23 EMMHHHV115H 3B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:32;23 EMMHHHV115H 3C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL LOCAL 00:01:31:00 01:41:34;25 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:49;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:		· · · · · · · · · · · · · · · · · · ·	3A1		
01:31:47;21 EMMHHHV115H 3B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:02;23 EMMHHHV115H 3B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:37;23 EMMHHHV115H 3C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:32;23 EMMHHHV115H 3C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL LOCAL 00:01:31:00 01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:0					
01:32:02;23 EMMHHHV115H 3B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:17;23 EMMHHHV115H 3C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:32;23 EMMHHHV115H 3C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:47;25 LOCAL LOCAL 00:00:31:00 01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) 00:00:30:10:00 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:4	•				
01:32:17;23 EMMHHHV115H 3C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:32;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL LOCAL 00:00:31:00 01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) Commercial Break 4 (N 2:00/ L 1:01) 00:03:01:00 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:30;29 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 0	,				
01:32:32;23 EMMHHHV115H 3C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:47;25 LOCAL LOCAL 00:01:31:00 01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) 00:06:45:16 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:44:					
01:32:47;23 EMMHHHV115H 3D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL 00:01:31:00 00:06:45:16 01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) 00:03:01:00 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 EMMHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:10:00 0	•				
01:33:02;25 EMMHHHV115H 3D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:33:17;25 LOCAL Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00 / L 1:01) Commercial Break 4 (N 2:00 / L 1:01) 00:06:45:16 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:41:49;25 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHV115H 4D2 ICEBR	•				
D1:33:17;25	•				
01:34:48;27 FORFAC31SEG04 Segment 4 00:06:45:16 01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) Commercial Break 4 (N 2:00/ L 1:01) 00:03:01:00 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:39;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 <td>•</td> <td></td> <td></td> <td></td> <td></td>	•				
01:41:34;25 Commercial Break 4 (N 2:00/ L 1:01) Commercial Break 4 (N 2:00/ L 1:01) 00:03:01:00 01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 E	•				
01:41:34;25 EMMHHHV115H 4A1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:41:49;25 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:00:15:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:00:55:10:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:00:00 01:53:0				•	
01:41:49;25 EMMHHHV115H 4A2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 FORFAC31SEG06 Se		,	4A1		
01:42:04;27 EMMHHHV115H 4B1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:00:15:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00	•				
01:42:19;27 EMMHHHV115H 4B2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03 <td>•</td> <td></td> <td></td> <td></td> <td></td>	•				
01:42:34;27 EMMHHHV115H 4C1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:00:15:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:00:03:00 01:53:01;19 Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03					
01:42:49;27 EMMHHHV115H 4C2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:5:14:03					
01:43:04;29 EMMHHHV115H 4D1 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:5:14:03	•			ICEBREAKER HEALTH / Men's Health :15	
01:43:19;29 EMMHHHV115H 4D2 ICEBREAKER HEALTH / Men's Health :15 00:00:15:00 01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:5:14:03					
01:43:34;29 LOCAL LOCAL 00:01:01:00 01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03	•				
01:44:36;01 FORFAC31SEG05 Segment 5 00:05:51:02 01:50:27;13 Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:14:03	•				
01:50:27;13 Commercial Break 5 (L 2:31) Commercial Break 5 (L 2:31) 00:02:31:00 01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:11;20 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03	•				
01:50:27;13 LOCAL LOCAL 00:02:31:00 01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03				•	
01:52:58;17 FORFAC03FSBH Bumper/Fee Spot 00:00:03:00 01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:5:14:03					
01:53:01;19 Fee Spot Fee Spot 00:00:10:01 01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:5:14:03	•				
01:53:01;19 MAGN2213H Get Living #1 Leg & Back Pain Relief Cre 00:00:10:01 01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:00:11:03					
01:53:11;20 FORFAC31SEG06 Segment 6 Closing/Credits 00:05:14:03		•			
	•				
				J	