



## Episode Synopses for February 2024

Pitch Day	Episode #	Synopsis
02.08.24	#DN-494	<p><b><u>Healthy Teeth</u></b></p> <p>Healthy teeth are connected to the overall health of your body. Unfortunately, dental care is often overlooked. Before you know it, you find yourself in the dentist's chair in pain. By then, it might be too late to save your tooth, or the remedy could cost you much more. That's why Dr. Partha Nandi, MD, speaks with a woman who suffered from periodontal disease and lost so many of her teeth that she felt embarrassed to smile. Eventually, she had all her teeth replaced. Also, two dentists join Dr. Nandi to discuss implants and the process, along with how diet is an important factor in preventing cavities. Additionally, Dr. Nandi's very own hygienist demonstrates how to brush and floss teeth properly.</p>
02.15.24	#DN-467	<p><b><u>Food Insecurity</u></b></p> <p>The health impact of food insecurity can be devastating, leading to long-term physical problems for adults, along with an increase in chronic diseases such as diabetes and depression. For children, the impact is long-lasting, affecting their physical and mental development. And for senior citizens on a fixed income, it's often difficult to stretch the budget to afford a nutritious meal every day. In this episode, Dr. Partha Nandi, MD, talks with a family struggling to provide daily balanced meals. Plus, experts join him to discuss what happens when people do not get enough food and highlight innovative ways to feed families for less.</p>
02.22.24	#DN-491	<p><b><u>Esophageal Cancer 2</u></b></p> <p>Although esophageal cancer is one of the deadliest cancers, treatment has improved, and survival rates are getting better. In this episode, Dr. Partha Nandi interviews a man diagnosed with esophageal cancer who shares his personal journey, including the symptoms he experienced and his treatment. Alongside guest experts, Dr. Nandi discusses what esophageal cancer is and the latest treatments for it. They'll also cover Barrett's esophagus, the precancerous condition that increases your risk of esophageal cancer. Plus, Dr. Nandi speaks with a dietitian who shares healthy eating tips for those with esophageal cancer.</p>
02.29.24	#DN-489	<p><b><u>Pharmaceuticals</u></b></p> <p>Americans, on average, spend \$1,000 per person per year on pharmaceuticals. Shockingly, one in five U.S. adults do not fill their prescriptions or skip doses due to the high costs of medicines. In this episode, Dr. Partha Nandi, MD, discusses pharmaceutical companies and their role in our everyday lives. You'll hear from a woman who was told she'd have to pay \$36,000 a month for medications after unknowingly contracting hepatitis C. Additionally, experts delve into whether the soaring price tags from big drug manufacturers are worth the cost. Dr. Nandi speaks with a pharmacist, lawyer, and legislator who help explain the inflated costs of pharmaceuticals.</p>

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