



Episode Synopses for January 2024

Pitch Day	Episode #	Synopsis
01.04.24	#DN-480	<p><u>Food Sensitivities</u></p> <p>Are food sensitivities and allergies as life-threatening as we're led to believe? Dr. Partha Nandi, MD speaks with a mom whose son had a severe allergic reaction and passed away despite medical interventions like ventilator support and cooling blanket. Additionally, another mother shares how her two children were not acting well and how her persistence in finding a solution led to a celiac disease diagnosis. Plus, a gastroenterologist explains how gluten can work against the body when there's an allergy or sensitivity, and a registered dietitian explains how to change our diet to accommodate sensitivities.</p>
01.11.24	#DN-466	<p><u>Healthy Hair</u></p> <p>Everybody's hair is different because there are so many combinations of hair types. But it seems no matter what type of hair you have, it's likely at some point in your life, you've experienced at least one hair problem. In this episode, Dr. Partha Nandi, MD interviews guests who share how they have suffered dry, brittle hair and hair loss. Experts will explain why hair sheds and thins, how to handle dandruff, stop hair damage, control frizz, and share tips on shampooing, coloring, natural products, and extensions.</p>
01.18.24	#DN-501	<p><u>Genetic Disorders</u></p> <p>Genes are the building blocks of heredity. They are passed down from parent to child and determine physical characteristics, such as eye and hair color. However, sometimes there's a mutation in the genes, causing what's called a genetic disorder. In this episode, dr. Nandi and his guests explore the world of genetic disorders and their impact on families.</p>
01.25.24	#DN-493	<p><u>Miscarriage</u></p> <p>Experiencing a miscarriage can be deeply traumatic for pregnant women. Despite the fact that miscarriages affect a significant percentage of pregnancies, the topic remains somewhat taboo. In this episode, Dr. Partha Nandi, MD, discusses this sensitive issue with a woman who endured five miscarriages, sharing the profound impact they had on her. Also joining Dr. Nandi are experts who delve into the subject of miscarriage, covering everything from conception to the grieving process, shedding light on this often-unspoken aspect of pregnancy.</p>
02.01.24	#DN-478	<p><u>Sexual Abuse</u></p> <p>Sexual abuse against children is a global problem that transcends borders and social strata. Shockingly, the World Health Organization reports that 1 in 5 women and 1 in 13 men have experienced childhood sexual abuse. Nevertheless, the actual extent of sexual violence remains hidden due to stigma, fear, shame, and a lack of trust in authorities. In this episode, Dr. Partha Nandi, MD speaks with two women who were sexually abused by family members and a neighbor. Experts also discuss the warning signs of abuse and the distinction between a pedophile and a child molester.</p>