



Episode Synopses for December 2023

Pitch Day	Episode #	Synopsis
12.07.23	#DN-490	<p>Household Accidents</p> <p>Accidents can occur anywhere within the household, whether it's in the kitchen, bathroom, living room, bedroom, or the backyard. Nobody is immune to these accidents, but unfortunately, they are a leading cause of emergency room visits for children under the age of three. In this episode, Dr. Partha Nandi, MD speaks with individuals who have experienced household accidents firsthand including a father whose 10-month old daughter swallowed a battery and a man whose eye was damaged due to a firework accident. Plus, an emergency room doctor and other experts discuss common household injuries and how one can attempt to avoid them.</p>
12.14.23	#DN-499	<p>Connecting With Teens</p> <p>In this episode, Dr. Partha Nandi, MD focuses on strengthening the connection between parents and their teenagers. This can be quite a challenge in today's fast-paced world, where everyone juggles numerous demands on their time. Dr. Nandi and his guests will help parents and teens break down communication barriers. They'll provide valuable insights and guidance on ways parents can discuss expectations and encourage teens to make responsible, respectful, and successful choices in life.</p>
12.21.23	#DN-472	<p>Marriage</p> <p>In the United States, over 50% of first marriages end in divorce, according to the Pew Research Center. But why is that, and what makes a happy relationship? People marry for love, companionship, desire for children, or religious recognition. However, marriage is intricate, and financial stress, work, children, social media, and extramarital relationships add layers of complexity. That's why in this episode, Dr. Partha Nandi, MD discusses the nuances of relationships with experts. And engages in discussions with couples who are both striving to strengthen their bonds and those facing challenges within their marriages.</p>
12.28.23	#DN-484	<p>Meaning of Life</p> <p>The quest for the meaning of life is a deeply personal journey, and it can be defined in various ways. For some, it's about embracing noble thoughts, speaking noble words, and performing noble deeds. There are indefinite possibilities and answers to this existential question, and they are often unique to each individual. Factors like age, religion, and financial status can also influence these perspectives. In this episode, Dr. Partha Nandi, MD is joined by remarkable individuals who will share their personal experiences and insights on how they discovered the true meaning of life. Additionally, Dr. Nandi will explore the connection between spiritual well-being and its impact on our physical health.</p>