



Episode Synopses for October 2023

Pitch Day	Episode #	Synopsis
10.05.23	#DN-240	<p><u>Eating Disorders 1</u></p> <p>Eating disorders are extremely detrimental to both physical and mental health. They can lead to severe health complications, including malnutrition, electrolyte imbalances, heart problems, and even death. In this episode of Ask Dr. Nandi, you'll hear from guest, Lisa Guo. She speaks with Dr. Partha Nandi, MD about her emotional struggle with anorexia and bulimia that started when she was just 14 years old. Also joining the conversation is expert Colleen Kula, LCPC of Timberline Knolls. She explains some of the causes of eating disorders as well as how to prevent them.</p>
10.12.23	#DN-207	<p><u>Distracted Driving</u></p> <p>We've all done it - sent a text, made a phone call, or spent a few seconds worrying about the radio while driving. What is it called? Distracted Driving! In this episode, Dr. Partha Nandi, MD tackles the dangers created by the problems of distracted driving. You'll meet guest Brandon La Forest, who was in a severe car accident after a person who was texting hit him at 80 miles per hour. He was revived 3 times on the way to the hospital. He shares his painful journey and how the accident changed his life. Also, Officer Paul Postal and Sgt Preston Taylor talk about their experiences and how distracted driving is very similar to drunk driving. They share tips on how to help friends and family stop texting and driving.</p>
10.19.23	#DN-233	<p><u>Infertility</u></p> <p>Some men and women spend their whole lives dreaming about their perfect family, but for some, this ideal is much more challenging to achieve. If couples are unable to have a child, they often feel lost and confused and are left wondering if it is their fault. In this touching episode, Dr. Partha Nandi, MD delves into the medical factors contributing to infertility. He speaks to a husband and wife who experienced this struggle and discovered they would need infertility treatments in order to have children. Also, Jill Blakeway author of Making Babies, explains the different holistic methods of infertility treatment and explores various global perspectives on the underlying causes of infertility.</p>
10.26.23	#DN-244	<p><u>Violence as a Disease (how does it affect our children?)</u></p> <p>The threat of violence against the younger members of our society is not only a concern but an epidemic. Homicide has become the third leading cause of death for youth in the United States. In this startling episode, Dr. Partha Nandi, MD addresses violence in our society and sheds light on its alarming growth. He speaks with a victim of teen violence who experienced a traumatic head injury after a gun was brought to a party. Also joining the discussion is Dr. Vasilis Pozios, a specialist in Forensic Psychiatry who discusses where this growth in violence stems from.</p>
11.02.23	#DN-227	<p><u>Energy Medicine</u></p> <p>Most people have heard the term "aura" and some have heard about the healing powers of energy. However, in this episode, Dr. Partha Nandi, MD takes a profound dive into the world of energy medicine and discusses how and why these energies can influence the human body. Joining Dr. Nandi is guest Robert Piepenburg, who opens up about his experience with the power of energy medicine. Plus, two distinguished experts in the field of energy medicine, Elaine Grohman and Adam McLeod share their wealth of experiences and knowledge on this captivating subject.</p>